

# **HIGH POINT POOL**

## **RULES AND REGULATIONS**

Revised - May 2010

These rules and regulation are for the benefit and protection of all members and their guests. Their purpose is to provide a safe and secure environment as well as to ensure sanitary operation of the pool and related facilities. Pool members and their guests are responsible for their own safety. Parents are responsible for their children's safety and for familiarizing themselves with the rules, teaching their children and instructing their guests to observe all rules and to obey the pool manager, lifeguards, and other pool staff. The presence of lifeguards in the pool area does not lessen the responsibility of pool members and their guests for their own safety as well as children in their care. Lifeguard responsibilities include enforcement of the rules, but this job is made immensely easier if parents assume responsibility for ensuring that their children follow pool rules. Use of the pool constitutes explicit consent and acceptance of the High Point Pool Rules and Regulations.

OPENING DAY: Saturday of Memorial Day Weekend

CLOSING DAY: Labor Day and specific September Weekends as Announced

POOL HOURS: 11 a.m. until 9:00 p.m.

## **1. ADMISSION TO THE POOL**

1.1 Members: Each member will identify himself by name to the desk attendant as he/she enters

1.2 Guests: Pool members may be accompanied by guests under the following conditions:

- Guests **MUST** be accompanied by a member of High Point Pool who has provided a guest pass or paid the required guest fees.
- Guest passes are not to be used as a means for friends and other parties to use the pool without a pool member present.
- A family will be restricted to six guests on any operational day unless you are hosting an approved party. The number of guests may be further restricted in the event the pool manager or assistant manager determines that the pool is overcrowded.
- All parties must be planned in accordance with procedures as posted on the High Point Pool website.

## **2. GENERAL USE OF THE POOL:**

For the purpose of these rules, the pool is defined by four areas: the deep end or diving area; the main body of the pool (i.e., the area used for swim meets), the shallow end adjacent to the wading pool and terrace, and the baby pool. The main body of the pool will also have a designated swim lane for lap swimming.

2.1 All bathers shall take a shower in the bathhouse before entering the pool.

2.2 Muddy or soiled shoes are not allowed in the pool area.

- 2.3 Expectorating, nose blowing, gum chewing and using foul language are prohibited. Rude behavior and causing undue disturbances will not be tolerated.
- 2.4 NO RUNNING, PUSHING, WRESTLING OR BELLIGERENT BEHAVIOR IN OR AROUND THE POOL AREA IS PERMITTED.
- 2.5 Tag or similar games are not permitted in the shallow area of the pool.
- 2.6 Water basketball is allowed in the main area of the pool. Other ball activity is limited to soft footballs, sponge-type balls, and other balls appropriate for use in the pool.
- 2.7 The designated swim lane in the main body of the pool is for lap swimming only. If crossing the swim lane, please avoid interfering with those using the swim lane.
- 2.8 No skateboarding is permitted on the property.
- 2.9 No water guns or water cannons of any size are allowed in the pool or pool area.
- 2.10 Tables, chairs, and chaise lounge chairs are limited in number. Please do not use chairs to simply hold personal items. We recognize that people will of course leave towels and other gear at selected tables and chairs, but please refrain from doing so during busy periods if you do not plan to use the chairs for a significant period.
- 2.11 There will be no sitting on or jumping over fences. Standing or climbing on the terrace walls is strictly prohibited as this represents a serious safety risk.
- 2.12 All members, guests, pool staff and other visitors to the pool property shall drive slowly and be alert for pedestrians wherever driving on the pool property. The maximum speed limit is 10 mph on the roadway and 5 mph in the parking lot.
- 2.13 Face masks and snorkels are permitted for use, but only if made of non-breakable material.
- 2.14 For the protection of pool property, any member wishing to be on pool property before or after normal hours of operation must receive written permission from the Board.
- 2.15 No smoking on the pool property is permitted except for designated area in the parking lot. Ask staff at the front desk for designated area.

### **3. RULES HAVING SPECIFIC APPLICATION TO CHILDREN:**

- 3.1 Children under the age of 11 must be accompanied by an adult or qualified caregiver.
- 3.2 Children under the age of 4 are not allowed in the large pool unless accompanied by a parent or qualified caregiver.
- 3.3 Children who are not toilet trained must wear swim diapers. This rule is extremely important since “accidents” will result in closure of the pool for an extended period in conformity with applicable health rules.
- 3.4 Under no circumstances will a non-swimmer be allowed in the deep end of the pool.
- 3.5 Floatation equipment, including life preservers of all types are prohibited in the large pool, except as noted below:

- Swim vests and water-wings may be used in the shallow area of the large pool provided an adult is present in the water with the child.
- Swim vests and water-wings may be used in the main body of the pool, but ONLY in those circumstances where a responsible adult is accompanying the child. Children of any age MAY NOT use swim-vests or water-wings in the main are of the pool without an adult accompanying the child in the water.
- Devices designed and used as exercise aids, such as kickboards, are permitted, but shall not be used to as toys to whack other children. Flotation devices of any kind are prohibited from use in the deep end (including rafts on raft night).

3.6 Lifeguards have the authority to remove a swimmer from any area of the pool if the swimmer is lacking the necessary swimming skills.

#### **4. BREAK PERIODS:**

4.1 Fifteen minute break periods are called every hour at 45 minutes after the hour.

4.2 ALL CHILDREN UNDER THE AGE OF 16 SHALL VACATE THE POOL FOR THE BREAK PERIOD, even though they may have just arrived to swim. Children may not sit on the edge of the pool and dangle their legs/feet or arms/hands in the pool during the rest period/break.

4.3 During break periods, an adult may carry or hold a child under the age of 4 in the shallow end and main body of the pool, but the adult must hold the child at all times.

4.4 Children under the age of 4 may also accompany their parents in the shallow section of the pool during break periods, however, this is strictly limited to children under the age of 4 who are accompanied by a parent who is also in the shallow section of the pool.

#### **5. RULES FOR USE OF THE WADING POOL:**

5.1 Parents shall be responsible for, and stay with their children in the wading pool at all times. The lifeguards' duties extend primarily to the large pool. Responsible caregivers (at least 14 years of age) are permitted; however, this does not release parents from their responsibility. If children are left unattended, parents will be suspended for a period to be determined by the Pool Management in consultation with the HPP Board President or another designated member of the Board.

5.2 CHILDREN OVER 6 YEARS OF AGE ARE NOT ALLOWED IN THE WADING POOL. Parents are asked to emphasize this rule with their children as use of the wading pool by older children during break periods has been a recurring problem.

5.3 Children 6 years and older may accompany their parents in the wading pool seating area (not the wading pool itself). Children 6 years and older who are not accompanied by a parent are not allowed in the wading pool or the wading pool seating area.

## **6. RULES GOVERNING DIVING AND USE OF THE WATER SLIDES:**

Note: *The basic rules for the diving board apply to the water slide except that all users must slide feet first. It is not allowed to slide head first.*

- 6.1 Dive in a forward direction only, excepting standard dives which are made while facing the diving board ladder.
- 6.2 Do not dive until the previous diver has cleared the area below the board.
- 6.3 No horseplay or running on the diving board is permitted. This includes repeated jumping up and down on the end of the diving board or climbing on the rails.
- 6.4 Only one person is allowed on the slide tower at a time. Do not ascend the ladder until the diver ahead has dived.
- 6.5 Swimmers must stay clear of the diving area.
- 6.6 Divers, upon surfacing, must swim immediately either out of the diving area or to the nearest ladder in the diving area and immediately leave the deep water area.
- 6.7 Face masks, goggles, and glasses must be removed before diving.
- 6.8 No diving in the shallow end of the pool is allowed.
- 6.9 Swimming in the diving area will be permitted only if there is no one going off the diving boards and then only with the permission of the lifeguard on duty. No backward diving is permitted from the edge of the pool.

## **7. RULES GOVERNING SPECIAL RAFT NIGHT AND OTHER SESSIONS THAT ALLOW FOR THE USE OF RAFTS:**

- 7.1 The use of rafts is strictly limited to “raft nights” and other special sessions where rafts are allowed in the pool.
- 7.2 Rafts are not allowed in the diving area of the large pool. As such, raft use is limited to the main area and shallow end of the large pool.
- 7.3 No paddles or oars of any kind are allowed for use in the pool.
- 7.4 Special caution should be exercised to maintain a safe environment for all users, especially small children. Lifeguards will exercise their judgment in limiting activity that may be deemed unsafe.

## **8. RULES APPLICABLE TO EATING, DRINKING, AND FOOD PREPARATION:**

- 8.1 No glass containers of any kind are allowed in the pool area. Consequently, all members and their guests are requested to ensure that all beverages are limited to plastic or metal containers.
- 8.2 Food, drinks, and all eating activities are strictly limited to areas behind the blue line.

8.3 Food and drinks are allowed in the wading pool area, but are strictly limited to the seating areas. Children and adults are not allowed to eat or drink within the wading pool or while playing along the pool's edge.

8.4 The pool house kitchen, microwave and refrigerator are provided for the convenience of members and their guests. Members and guests are expected to clean-up after themselves including any spills or other accidents.

8.5 Use of the gas grill: Only members who are familiar with use of the grill and it's lighting should use the grill. If you are not familiar with lighting and operation of the grill, please find a member who can show you. The grill is equipped with trays for gathering grease. These trays **MUST BE FILLED WITH WATER BEFORE USING THE GRILL**. The water and collected grease shall be disposed off after use.

8.6 High Point Pool now provides containers for recycling plastic bottles and metal cans. Please use the designated recycling containers and avoid dumping regular trash in the recycling bins.

## **9. WHAT TO DO IN THE EVENT OF AN EMERGENCY:**

9.1 An emergency in the pool is signaled through three blasts on the whistle.

9.2 Upon hearing the emergency signal of three blasts on the whistle, vacate the pool at once. Do not in any way delay vacating the pool on the sounding of the emergency. To do so may endanger the individual and impede the response to the emergency.

9.3 If asked to assist, please follow direction and do so promptly.

9.4 No other swimmers will be allowed to enter the pool area during an emergency. The desk attendant will close off the front gate immediately.

9.5 Do not run, push, or scream when clearing the pool. Please stay behind the blue line when asked to clear the pool. Stay quiet and avoid panic.

9.6 If an efficient rescue is performed, all the steps here listed should be followed. This is imperative when and if it is needed to rescue a person. **PLEASE FAMILIARIZE YOURSELF WITH THESE STEPS.**

## **10. CLOSING THE POOL:**

10.1 The pool manager or co-manager has the responsibility and authority to require everyone to vacate the premises when weather or other conditions dictate.

10.2 Upon detection of lightning or thunder, the pool manager or co-manager will close the pool for swimming by sounding the emergency signal of three blasts on the whistle and restrict members and guests to the bathhouse.

10.3 In a weather emergency, the pool will remain closed at the discretion of the pool manager or co-manager, but for at least fifteen minutes. The manager or co-manager will monitor the position and movement of thunder clouds while adhering to the following guideline: **UPON SEEING LIGHTNING: Clear deck at least 30 minutes. UPON HEARING THUNDER: Clear pool minimum of fifteen minutes.**

10.4 If the pool area is closed for the remainder of the day for inclement weather or for any other reason, permission from the HPP President, Vice-President of Operations, or another Board Member designated to act on their behalf will be secured.

## **11. ENFORCEMENT OF THE RULES AND REGULATIONS:**

11.1 Parents or a responsible caregiver, are responsible for the safety and behavior of their children on the pool property, including compliance with all rules and regulations outlined for High Point Pool Members and their guests.

11.2 All members and their guests shall fully respect the enforcement of the pool rules. Abusive behavior or ignoring lifeguard commands or directions from other pool management personnel will not be tolerated. A failure to obey lifeguard instructions may result in removal from the pool. Abusive behavior may also result in dismissal from the pool property.

11.3 The pool manager or co-manager, lifeguards, and other pool management staff have the responsibility and authority to enforce all rules and regulations of High Point Pool. Members of the HPP Board may also act to ensure enforcement of the rules as necessary. Moreover, parents are expected to ensure that their children and guests are familiar with and follow all applicable rules.

11.4 If the pool manager or co-manager determines that an individual is repeatedly falling to abide by one or more of these rules and regulations, or if the behavior is endangering the safety of other pool users, this person shall be suspended from further pool activities for the remainder of the day. If said person is a juvenile, parents will be called at the phone numbers provided by the parents. Parents/Guardians will then be informed of the suspension and the reason for it.